



Join us for a unique workshop that offers an exciting opportunity to increase your effectiveness as you become more emotionally intelligent.

EMOTIONAL INTELLIGENCE ESSENTIALS

This workshop blends the proven framework and scientific insights of the EQ-i 2.0 Client Report with a hands-on approach to assess your current leadership position, chart your desired leadership journey, and identify the EQ leadership competencies you should reinforce and cultivate.

In this workshop you will experience the EQ-i 2.0 Client Report, framework, essential tools, and engaging discussions with fellow leaders who share your aspirations. Together, the group will explore EQ competencies and challenges, linking them to crucial leadership skills. The knowledge and perspectives you gain will enable you to set clear leadership development objectives and action plans.

Workshops highly engaging workshops ranging from full to half day classroom workshops or 90-minute live virtual workshops supported by our unique interactive workbooks.

1:1 Coaching following the workshop, participants will engage in a one-hour individualized EQ coaching session with an EQ certified coach. Together you will identify how you can further your leadership skills, ask any questions you have from the workshop, and identify one or two critical things that will increase your effectiveness as a leader.

LeadershipChoice.com
800.232.9022